

EURO NET

Europäisches Netzwerk für praxisorientierte Suchtprävention
European Network for Practical Approaches in Addiction Prevention
www.euronetprev.org



PROJECTS

EUROPEERS
EUROPARENTS
(EUROYOUTH)

Presentation of the projects

européens

européens

The concept...

The contents...

After years of experience...

But beware

- ✱ Not based on a scientific evaluation.
- ✱ Presented by an over-enthusiastic euro net member
- ✱ Coloured by some strange regional realities
- ✱ Inspiration in the value of European cooperation.

Please keep in mind that this presentation...

★ Is presented by someone living in a region where people talk about “our highest mountain” when they look at this picture...



Please keep in mind that this presentation...

- ★ Is presented in a European context in which we all think these are the best music makers in Europe...



Please keep in mind that this presentation...

- ✦ Is presented at the moment we feel life is unfair...
- ✦ Because Germany, Brazil, Italy and many others are there....
- ✦ And we Belgians are not...



This presentation

- ✱ Is not made to give you a ready transferable concept
- ✱ Is made to share our experiences in peer-work with all of you
- ✱ Is made to give you an impression from how peer project are compatible to “more traditional” concepts of drugprevention
- ✱ Is an invitation to an exchange...

Basic principles

- # *Prevention as an long-term-process.*
- # *Prevention is more than transfer of knowledge.*
- # *According to experiences of the target-group.*
- # *In all sectors of community.*
- # *Participation.*
- # *Emancipation.*
- # *Using key-persons*
 - ✿ *From now out of the target groups !!!*



Including a diversity of sectors in community

- o Youthwork
- o Schools
- o Social- cultural organisation
- o free-time
- o Working place
- o Welfare
- o Health
- o Community level
- o Sports

The euronet projects

- ✱ Europeers : school project
- ✱ Europarents : parents-to-parents project



EURO PEERS

PREVENTION AS A MEDIUM IN A BOAT TRIP TO BE AN ADULT

Bild : Claudia Kahr

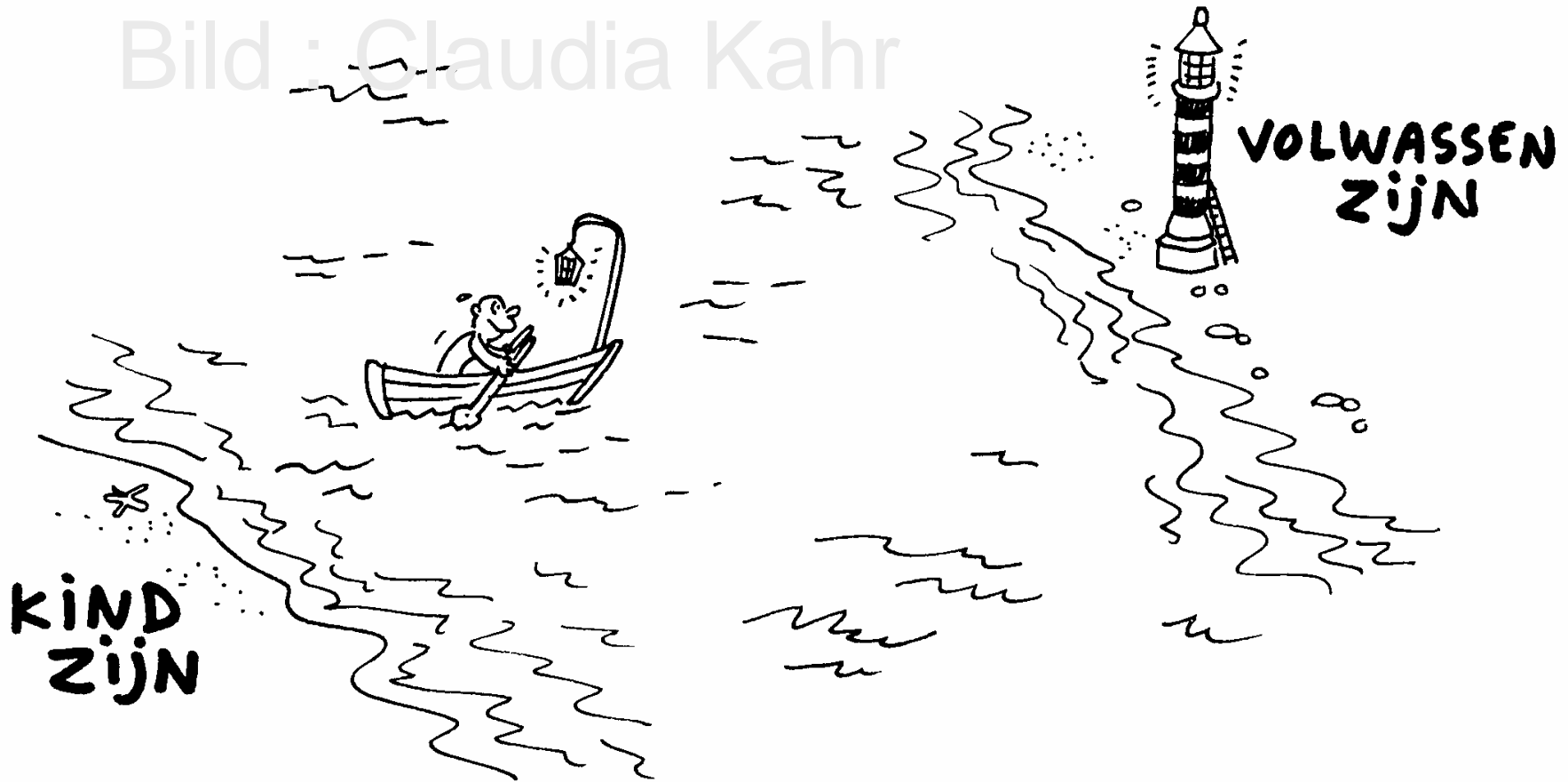


Bild : Claudia Kahr

LOSMAKING
VAN THUIS



VOLWASSEN
ZIJN





KIND
ZIJN

ONTWIKKELEN
VAN EEN
GESLACHTSPATROON

POSITIE IN DE LEEFTIJD-
GROEP

VOLWASSEN
ZIJN



PEERWORK AS STRATEGY FOR PREVENTION OF ADICTION

- ★ ADOLESCENCE
- ★ PEOPLE FROM THE SAME AGE AS REFERENCE
- ★ IN 80% OF FIRST USE OF DRUGS FRIENDS ARE INVOLVED
- ★ SOCIAL LEARNING
- ★ PEERS
- ★ OPINION LEADERS



EUROPEERS

THE PROJECT...



WHAT IS EUROPEERS ?

- ★ A DRUGPREVENTIONPROJECT
- ★ TARGETGROUP : 3e YEAR S.O. (14y)
- ★ TWO OPINIONLEADERS IN EACH PARTICIPATING CLASS
- ★ TRAINING THE OPINIONLEADERS.
- ★ TARGETGROUP : THE WHOLE CLASS



PURPOSE OF THE PROJECT

- ★ IMPROVE THE COMPETENCE TO HANDLE WITH DRUGS AND DRUGPROBLEMS
- ★ IMPROVE THE COMPETENCE TO DEAL WITH CONFLICTS – TO IMPROVE THE COMPETENCE OF PROBLEMSOLVING
- ★ WORK ON SELF-IMAGE
- ★ APPLY THESE SKILLS IN A SOCIAL CONTEXT
- ★ TRANSFER TO PEERS



ROLE FROM THE PEERS

- ✦ Peer-support : as a model
- ✦ Kind of involuntary involvement.
- ✦ No mini-teacher (peer-education)
- ✦ No mini-therapeut
- ✦ No counselor (peer counseling)
- ✦ No spy !!!
- ✦ No super-youngster



Selection from the peers

- ✦ Boys and girls
- ✦ In all study directions
- ✦ At least 2/class



Selection - procedure

- ★ Done by the teacher
- ★ Youngsters are not informed about the project yet
- ★ Just some questions about a health-project.
- ★ Which youngster has most of these properties :
being convincing in spreading opinion – ability to listen and to respect others opinion.
- ★ Who can be your partner in schooltasks ?
- ★ MAX. 3 NAMES
- ★ Anonymous evaluation



SELECTION PART 2

- ★ BY A CAD-COLLEGUE
- ★ AFTER INFORMATION ABOUT EUROPEERS
- ★ CLASS DECIDES ABOUT CRITERIA
- ★ CLASS MAKES A CHOICE
- ★ NEGOCIATION WITH CLASSTEACHER
- ★ TALK WITH SELECTED PEER
- ★ NEGOCIATION WITH HISHER PARENT(S)
- ★ WRITTEN AUTHORISATION



TASK FOR THE TEACHERS

- ★ SUPPORT FOR THE PEERS
- ★ SELECTION
- ★ EVALUATION



INFORMATION FOR PARENTS

- ★ PARENTS FROM THE SELECTED PEERS
- ★ REGIONAL ORGANISATION



DE TRAININGEN

- ★ 2 WEEKENDS
- ★ 1 EXTRA DAY



TRANSFER TO THE CLASS

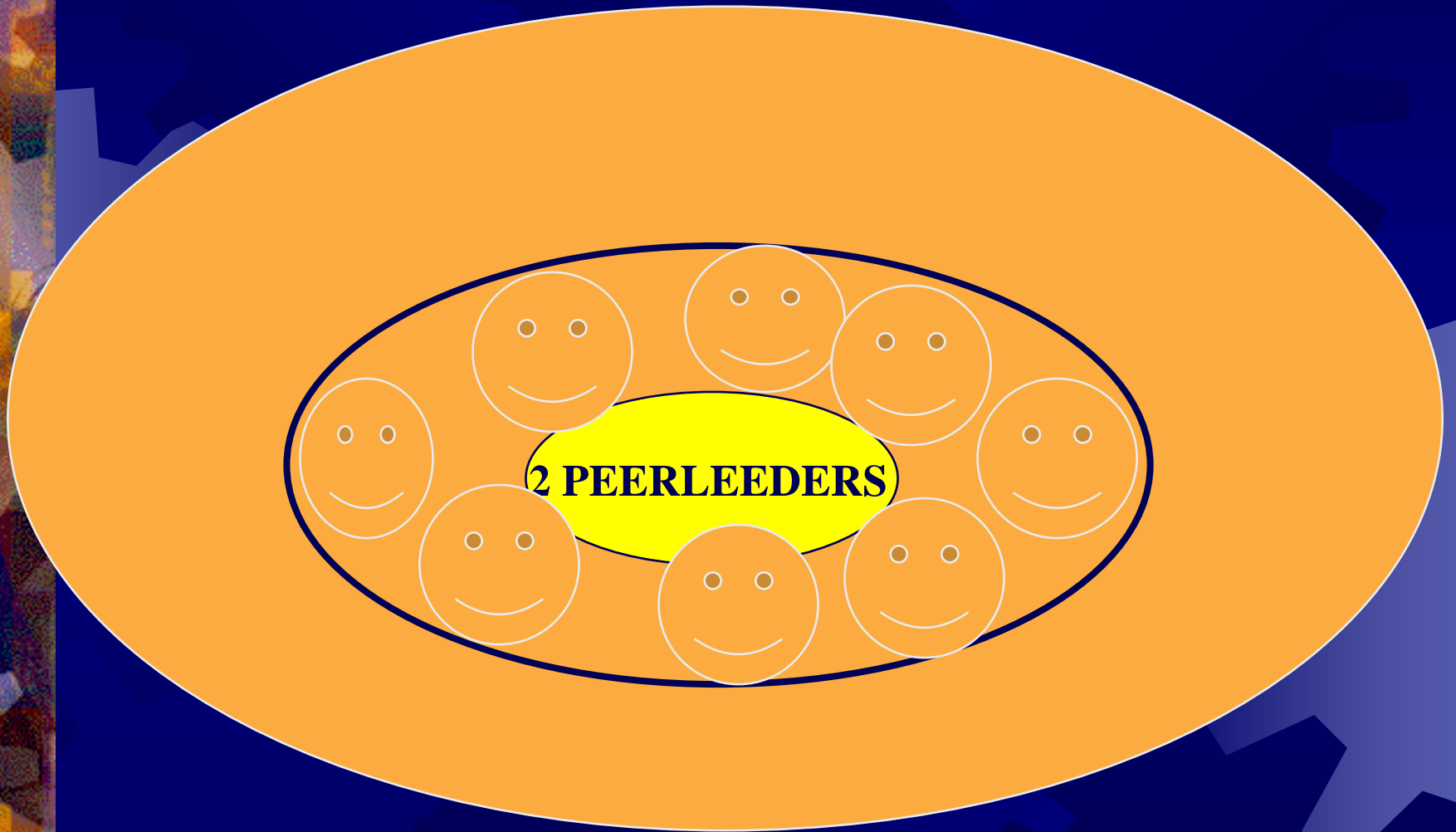
- ★ IMPORTANT
- ★ BY VOLUNTARY AND INVOLUNTARY INFLUENCE BY THE DE PEERS
- ★ POSSIBLE TO WORK WITH SOME TASKS IN THE CLASS



EVALUATIE

✦ ONDERZOEK

EVALUATION



EVOLUTIES EN AANPASSINGEN

- ✦ Enlargement to all study levels
- ✦ Strickly application from the selection procedure
- ✦ Location is not important – accomodation is
- ✦ Integration in local youthwork for follow-up
- ✦ Cooperation with free-lance trainers
- ✦ Methodes of work provided in selection-book



EURO PARENTS



EUROPARENTS

CAD Limburg en Euronet

- ✦ CAD Limburg

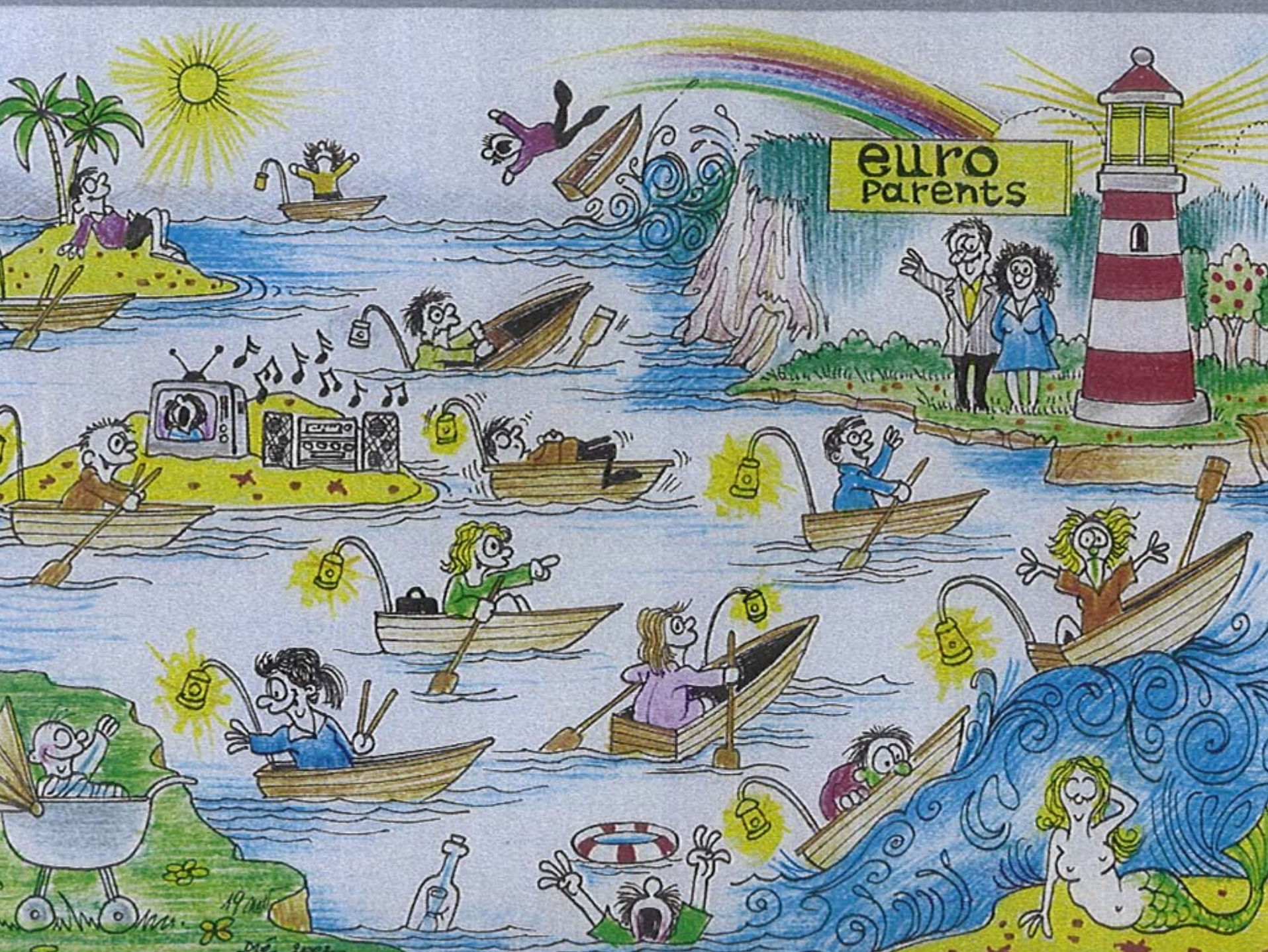
- ✦ Euronet

- ✦ Europarents

Parents as peers



- ✦ **Work with parents as peers**
- ✦ **Parents to parents project**
- ✦ **In a sportsclub, association**
- ✦ **Community level !!**



euro
parents

Keuze van de peerleaders

- ✦ **Contact with clubs, associations, communities to inform about the project**
- ✦ **Introduction to candidate-parents Info-avond voor de peerouders**
- ✦ **Start from 4 sessions**

The story...

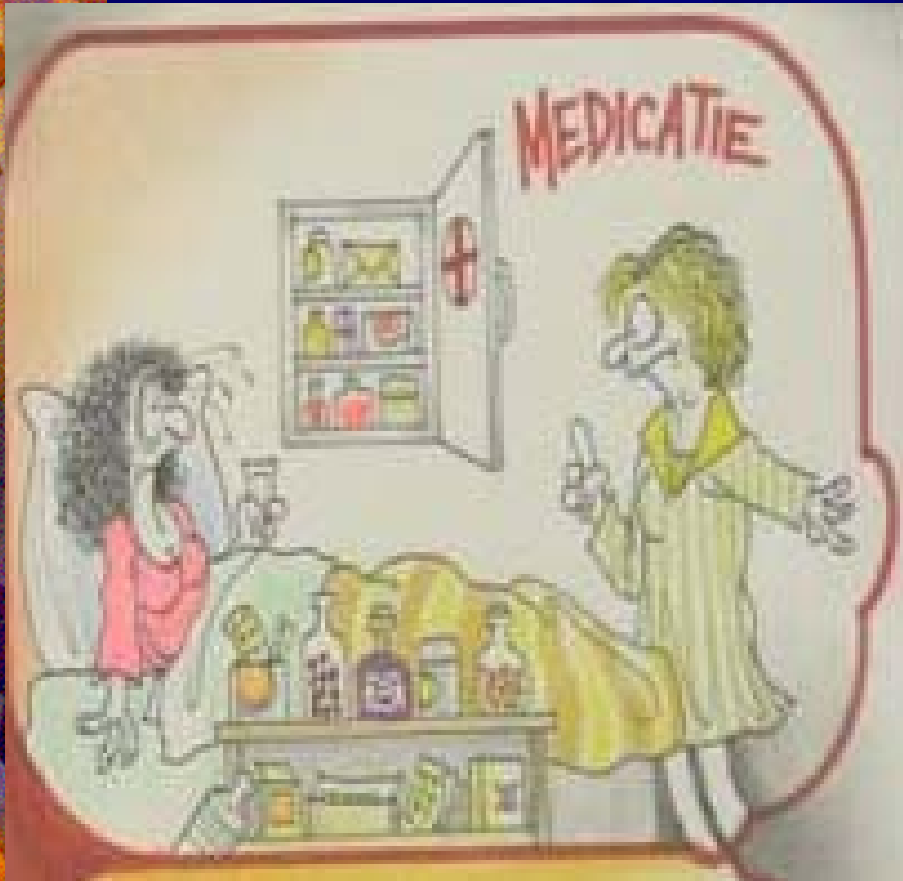


- ✦ The boathistory...
- ✦ About the role off the parents.
- ✦ De lighthouse giving oriëntation to other parents...

Grass root methode



Thema's

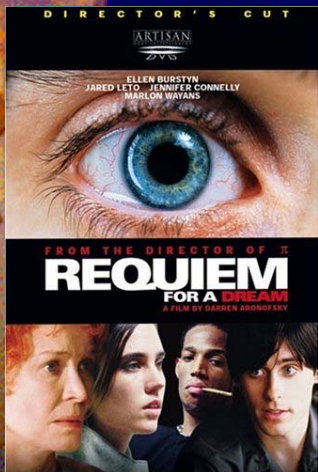


- ★ Know each other
- ★ Basic information about use of drugs, addiction...
- ★ Product information
- ★ Theme's out off daily life with adolescents
- ★ Working on motivation
- ★ Conflicts and communication

Participants from different sectors...



A moment for a review...



Film



Getuigenis




Studiereis Maastricht



Toneel



Bezoek Afkickcentrum



The combination
Europeers and
Europarents

Pressconference

